

Contraindications to Kidney Transplant Referral*

- ☐ eGFR >25 mL/min
- ☐ Age 70 or older unless:
 - patient has a living donor
 - patient was a previous living kidney donor themselves
 - patient has received a liver transplant in the past year
 - patient has at least 5 years on dialysis
- ☐ Active tobacco use within 3 months (includes all methods: inhaled/chewed/vaping)
- ☐ Inability to walk one block (i.e., 300 feet), except for patients with a spinal cord disorder or lower extremity amputation
- ☐ BMI ≥ 40
- ☐ Stage 4 metastatic cancer actively treated within the last 5 years
- ☐ Severe progressive dementia
- ☐ Active angina
- ☐ Abuse of alcohol within 3 months
- ☐ Abuse of illegal substances (except oral cannabinoids) within 3 months
- ☐ Unstable living environment (transient/homeless, etc.)
- ☐ Active noncompliance/nonadherence to medical treatment
- ☐ Severe untreated psychiatric disease

**For exception requests: Attending MD, please email kidneyreferral@ucsf.edu with a detailed description of your request and any supporting documentation.*

Abbreviations

BMI	body mass index
eGFR	estimated glomerular filtration rate